**Multiple Choice**

*This activity contains 10 questions.*

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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 1. **Solution-focused therapy is associated with all of the following *except*:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_1.gif [Open Hint for Question 1 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733752.cw/hint/1/index.html) | |  | |  |  | | --- | --- | |  | Deconstructive approach. | |  | Possibility therapy. | |  | De Shazer and Berg. | |  | Bill O'Hanlon. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 2. **Most of the writers in the solution-focused tradition share an admiration for the work of:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_2.gif [Open Hint for Question 2 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733753.cw/hint/2/index.html) | |  | |  |  | | --- | --- | |  | Carl Jung. | |  | Milton Erikson. | |  | Alfred Adler. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 3. **Solution-focused therapists support the idea that clients have the:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_3.gif [Open Hint for Question 3 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733754.cw/hint/3/index.html) | |  | |  |  | | --- | --- | |  | Strengths and resources to solve their own problems. | |  | Ability to work through their unconscious conflicts without the assistance of a therapist. | |  | Drive toward self-actualization. | |  | Motivation to address unconscious conflicts with the help of a therapist. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 4. **All of the following statements reflect the basic assumptions underlying solution-focused therapy *except*:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_4.gif [Open Hint for Question 4 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733755.cw/hint/4/index.html) | |  | |  |  | | --- | --- | |  | Change is ongoing. | |  | The focus of therapy should be on what is possible and changeable. | |  | The therapist needs to gather a comprehensive history of the problem. | |  | It is important for clients to develop their own goals for therapy. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 5. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is this solution-focused counseling basic assumption: that regardless of the severity of a client's problem, there are always times when the problem does not happen.** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_5.gif [Open Hint for Question 5 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733756.cw/hint/5/index.html) | |  | |  |  | | --- | --- | |  | Change talk. | |  | Solutions. | |  | Strengths and resources. | |  | Exceptions. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 6. **Which of the following is true regarding the solution-focused belief regarding psychological health and dysfunction?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_6.gif [Open Hint for Question 6 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733757.cw/hint/6/index.html) | |  | |  |  | | --- | --- | |  | Clients determine what is healthy and they construct the problem. | |  | Psychological health is a reflection of successful resolution of underlying conflicts. | |  | Dysfunction is a state of disequilibrium between goals and challenges. | |  | Psychological health is a state of self-actualization. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 7. **The relationship in solution-focused counseling is described as having:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_7.gif [Open Hint for Question 7 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733758.cw/hint/7/index.html) | |  | |  |  | | --- | --- | |  | A directed and less emotionally warm atmosphere. | |  | A special kind of intimacy and harmony, respecting each other's worldview as valid. | |  | Frequent challenges and a frustrated atmosphere, but quickly growth-enhancing. | |  | A warm and supportive feel, but often lacking harmony and closeness. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 8. **Mary has been seeing a solution-focused counselor for anxiety regarding her upcoming marriage. Which is most likely true of her therapist?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_8.gif [Open Hint for Question 8 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733759.cw/hint/8/index.html) | |  | |  |  | | --- | --- | |  | The therapist will let Mary take the lead in most of the sessions. | |  | The therapist will expect Mary to take responsibility for what happens in the sessions. | |  | Mary will likely be identified as a visitor, complainant, or customer. | |  | Mary's anxiety will be explored in terms of her own developmental history and her parent's marriage. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 9.  **Donna came to therapy with the primary complaint of having difficulty concentrating when studying for exams and therefore performing poorly on test day. Donna's solution-focused therapist, Joe, asked her about times that she has not had difficulty concentrating when studying for an exam. Joe's intervention is based on which of the following core constructs of solution-focused therapy?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_9.gif [Open Hint for Question 9 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733760.cw/hint/9/index.html) | |  | |  |  | | --- | --- | |  | Change talk. | |  | Strengths and resources. | |  | Solutions. | |  | Exceptions. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
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| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 10. **Which of the following is true regarding the qualities of solution-focused theory?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_10.gif [Open Hint for Question 10 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733761.cw/hint/10/index.html) | |  | |  |  | | --- | --- | |  | The efficacy of this approach is not considered established. | |  | It is an easy approach to operationalize. | |  | The efficacy of this approach has been well established. | |  | The large amount of data clearly establishes empirical validity for the approach. | | |  |

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