**Multiple Choice**

*This activity contains 11 questions.*

Top of Form



|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 1. **Which of the following statements is true regarding Gestalt therapists' philosophy of human nature?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_1.gif [Open Hint for Question 1 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733625.cw/hint/1/index.html) | |  | |  |  | | --- | --- | |  | There is no separation between the mind and body. | |  | Behavior is an instinctual response to an individual's external environment. | |  | People operate separately from their environment. | |  | Humans need not take responsibility for their behaviors. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 1 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 2. **According to Gestalt therapists, psychological health requires that an individual:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_2.gif [Open Hint for Question 2 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733626.cw/hint/2/index.html) | |  | |  |  | | --- | --- | |  | Remain a separate entity from his or her external environment. | |  | Take responsibility for choices that are made. | |  | Ignore the aspects of self and others that are unpleasant. | |  | Be aware of (but not take steps to meet) his or her needs. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 2 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 3. **This major influence on the thinking of Fritz Perls was a branch of perceptual psychology that explored how humans create meaning out of perceptual stimuli.** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_3.gif [Open Hint for Question 3 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733627.cw/hint/3/index.html) | |  | |  |  | | --- | --- | |  | Existential psychology. | |  | Family systems theory. | |  | Gestalt psychology. | |  | Narrative psychology. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 3 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 4. **Gestalt theorists begin with the notion that humans are:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_4.gif [Open Hint for Question 4 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733628.cw/hint/4/index.html) | |  | |  |  | | --- | --- | |  | Primarily divided into parts, such as body and mind. | |  | Motivated primarily by desire to overcome feelings of inferiority. | |  | Governed by the sex drive that requires sublimation for social needs to be met. | |  | Growth oriented and holistic. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 4 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 5. **In contrast to Perls' versions of Gestalt therapy, contemporary Gestalt therapists focus more on:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_5.gif [Open Hint for Question 5 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733629.cw/hint/5/index.html) | |  | |  |  | | --- | --- | |  | Interdependence. | |  | Needs for dependence. | |  | Drive theory. | |  | Archetypes. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 5 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 6. **Mary's therapist points out that Mary often experiences feelings of powerlessness and failure as well as a sense of grandiosity and invincibility. Her Gestalt therapist is attending to which of the following Gestalt constructs?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_6.gif [Open Hint for Question 6 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733630.cw/hint/6/index.html) | |  | |  |  | | --- | --- | |  | Boundary problems. | |  | Figure-ground. | |  | Polarities. | |  | Contact disturbance. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 6 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 7. **The most primitive contact disturbance is:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_7.gif [Open Hint for Question 7 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22396/5733631.cw/hint/7/index.html) | |  | |  |  | | --- | --- | |  | Projection. | |  | Confluence. | |  | Retroflection. | |  | Introjection. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 7 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 8.  **Laura is a 35-year-old, single, white female who presented for counseling because she is experiencing marked dissatisfaction with many decisions that she has made, most notably her decision to pursue a career as a physician. She reported that she has been increasingly irritable, anxious, and dreads going to work each day, to the extent that she often becomes physically ill in the morning before work. Laura stated that her parents, three aunts, and paternal grandfather are all physicians and that she never really explored other career options because she "always knew she would be a doctor." Laura's Gestalt therapist, Susan, hypothesizes that Laura's psychological symptoms are likely due to which of the following?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_8.gif [Open Hint for Question 8 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733632.cw/hint/8/index.html) | |  | |  |  | | --- | --- | |  | Projection. | |  | Retroflection. | |  | Introjection. | |  | Assimilation. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 8 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 9. **Using the example in the last question, complete the following. As Laura's therapy progresses, Susan begins to feel drawn to Laura's dilemma of feeling dissatisfied with her career and begins to question her own choice to become a therapist. Susan may be experiencing:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_9.gif [Open Hint for Question 9 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733633.cw/hint/9/index.html) | |  | |  |  | | --- | --- | |  | Proactive countertransference. | |  | Reflective countertransference. | |  | Intrusive countertransference. | |  | Reactive countertransference. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 9 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 10. **Which of the following has not been a criticism of Gestalt therapy?** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_10.gif [Open Hint for Question 10 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733634.cw/hint/10/index.html) | |  | |  |  | | --- | --- | |  | Individualistic bias. | |  | Adoption of a rebellious, antiauthoritarian stance. | |  | Emphasis on raw experiencing and lack of structure. | |  | No empirical support for the effectiveness of the therapy. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  | End of Question 10 |

|  |  |  |
| --- | --- | --- |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_left.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_upper_right.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif | |  |  | | --- | --- | |  | Question 11. **Gestalt therapists say that clients may resist contact by means of:** | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/problem_type_11.gif [Open Hint for Question 11 in a new window.](http://wps.prenhall.com/chet_murdock_theories_2/87/22397/5733635.cw/hint/11/index.html) | |  | |  |  | | --- | --- | |  | Retroflection. | |  | Projection. | |  | Introjection. | |  | All of these. | | | http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/pixel.gif |
| http://wps.prenhall.com/wps/media/styles/1480/_skins_/D/default_blue/ps_bkgd_lower_left.gif |  |  |

Bottom of Form